

## Elders are the bomb!

**Elders are a massive untapped resource to heal and bless the world**



Matthew 7:7 / Romans 8:26 / Ephesians 6:18 / 1 Timothy 2:1 / John 16:12,13

**a few tips for joining God interiorly in his activity in the world and in the lives of those we love**

### say Yes!

First we say yes to God: *"I'm available; here I am; I'm ready to attend you in prayer as you accompany those I love."* Here we offer our "Yes" to what God is up to in the lives of those we pray for. It's a mystery, but as citizens of this world we've been given some kind of authority and responsibility through our prayers to help create space for God's activity to grow and thrive when we join to it our inner "Yes."

### ask

In the final months of her life my aunt Virginia remarked, *"In my life I left no stone unturned in asking Jesus for help. I think people thought I was crazy sometimes, but I left no stone unturned!"* So good! In this spirit, we repeatedly ask Jesus to assist and guide us in praying for the people and situations we love. We trust our intuition, our discernment in Christ, to help us be with him in a spirit of solidarity and "yes!" as he accompanies those we pray for. And we repeatedly ask our personal Teacher, the Holy Spirit, to instruct us in movements of our heart and spirit too deep for words. Romans 8:26, John 16:12,13

### anchor in trust

When we pray we're confronted with all sorts of feelings that can create an inner wall of obstruction. But we let go of our stuckness—our bewilderment, guilt, apathy, fear or fretting about our inexperience. We loop back to trust - again and again and again and again - as trust becomes our home, our residence, the place we inhabit on behalf of those we pray for. We anchor in Jesus' largeness and competence and compassion for the people and needs for whom we pray.

### release outcomes

As we pray, we release outcomes into Jesus' care. We release our own need for an answer. We release our timetables and preferred solutions. We relax trustingly with Jesus in his activity and schedule for the person, group, situation or area of the world for which we pray. When we get bumped from this relaxed, surrendered, trusting place we return to it again and again. This spacious place requires a repeated Death of our anxious demands for a particular answer or timetable. This frees us to lean into the Resurrection—God's unexpected, transforming solutions and activity.

### big tip! Pray Scripture

Combining the postures above with your daily Bible reading transforms your reading into confident prayer. It firms up faith and a readiness to release those you love and your concerns for the world into God's expert care.